

LUNES		MARTES		MIÉRCOLES		JUEVES		VIERNES		SABADO	
LesMills <b>BODY-PUMP</b> 08:50 VIRTUAL 45'	<b>CYCLING</b> 45' 09:00	LesMills <b>CORE</b> 08:50 VIRTUAL 30'	<b>FUNCIONAL</b> 45' 09:00	LesMills <b>BODY-PUMP</b> 07:55 VIRTUAL 45'	<b>BPC</b> 45' 08:00	LesMills <b>BODY-PUMP</b> 08:55 VIRTUAL 45'	<b>GAP</b> 45' 09:00	BEST CYCLING 07:55 VIRTUAL 45'	<b>CYCLING</b> 45' 09:00		
		LesMills <b>BODY-PUMP</b> 09:30 VIRTUAL 45'	BEST CYCLING 09:50 VIRTUAL 45'	BEST CYCLING 08:50 VIRTUAL 45'	<b>HIPO-PILATES</b> 09:00 60'	BEST CYCLING 09:00 VIRTUAL 45'	<b>HIPOPRESTIVOS</b> 10:00 30'	LesMills <b>CORE</b> 08:50 VIRTUAL 30'			LesMills <b>CORE</b> 09:00 VIRTUAL 45'
LesMills <b>CORE</b> 09:50 VIRTUAL 30'	<b>TOTAL BODY</b> 45' 10:00	LesMills <b>BODY-PUMP</b> 11:00 VIRTUAL 45'	LesMills <b>CORE</b> 45' 10:00	LesMills <b>BODY-PUMP</b> 09:45 VIRTUAL 45'		LesMills <b>CORE</b> 09:45 VIRTUAL 30'	<b>TONIFICACIÓN</b> 10:45 45'	LesMills <b>BODY-PUMP</b> 09:45 VIRTUAL 45'	<b>FUNCIONAL</b> 45' 10:00		<b>MASTERCLASS</b> 60' 10:00
LesMills <b>BODY-PUMP</b> 11:00 VIRTUAL 45'	<b>CYCLING</b> 45' 13:30	LesMills <b>CORE</b> 12:30 VIRTUAL 30'	<b>GAP</b> 45' 13:30	LesMills <b>BODY-PUMP</b> 45' 13:30		BEST CYCLING 10:00 VIRTUAL 45'	<b>FUNCIONAL</b> 45' 13:30		<b>PILATES</b> 45' 13:30		BEST CYCLING 10:00 VIRTUAL 45'
LesMills <b>CORE</b> 13:30 VIRTUAL 30'	<b>CROSS-TRAINING</b> 17:30 45' <b>HIPO-PILATES</b>	LesMills <b>BODY-PUMP</b> 13:30 VIRTUAL 45'		LesMills <b>CORE</b> 13:30 VIRTUAL 30'	<b>FUNCIONAL</b> 45' 17:30	LesMills <b>BODY-PUMP</b> 13:30 VIRTUAL 45'	<b>CROSS HYBRID</b> 17:30 45'	BEST CYCLING 13:30 VIRTUAL 45'	<b>STEP</b> 45' 17:30		LesMills <b>BODY-PUMP</b> 11:00 VIRTUAL 45'
LesMills <b>BODY-PUMP</b> 15:30 VIRTUAL 45'	LesMills <b>BODY-PUMP</b> 45' 18:30	BEST CYCLING 15:15 VIRTUAL 45'	LesMills <b>CORE</b> 45' 17:30	LesMills <b>CORE</b> 15:15 VIRTUAL 30'	<b>STEP</b> 45' 17:30	BEST CYCLING 15:15 VIRTUAL 45'	<b>MOBILITY</b> 45' 17:30	BEST CYCLING 15:15 VIRTUAL 45'	<b>CYCLING</b> 45' 17:30		
LesMills <b>CORE</b> 17:00 VIRTUAL 30'	<b>CYCLING</b> 45' 18:30	LesMills <b>BODY-PUMP</b> 17:00 VIRTUAL 30'	<b>PILATES</b> 45' 18:30	LesMills <b>BODY-PUMP</b> 17:00 VIRTUAL 45'	<b>GAP</b> 45' 18:30		LesMills <b>BODY-COMBAT</b> 45' 18:30	LesMills <b>BODY-PUMP</b> 17:00 VIRTUAL 45'	LesMills <b>BODY-PUMP</b> 45' 18:30		
LesMills <b>BODY-PUMP</b> 17:40 VIRTUAL 45'	LesMills <b>BODY-COMBAT</b> 45' 19:30	LesMills <b>BODY-PUMP</b> 17:40 VIRTUAL 45'	<b>CYCLING</b> 45' 18:30	LesMills <b>CORE</b> 17:40 VIRTUAL 30'	<b>CYCLING</b> 45' 18:30	LesMills <b>BODY-PUMP</b> 17:00 VIRTUAL 45'	<b>CYCLING</b> 18:30	LesMills <b>CORE</b> 18:00 VIRTUAL 30'			
LesMills <b>BODY-PUMP</b> 18:30 VIRTUAL 45'	<b>CYCLING</b> 45' 19:30	BEST CYCLING 18:15 VIRTUAL 45'	<b>FUNCIONAL</b> 45' 19:30	LesMills <b>BODY-PUMP</b> 18:20 VIRTUAL 45'		LesMills <b>CORE</b> 18:00 VIRTUAL 30'	<b>BODYPUMP HEAVY</b> 60' 19:30				
LesMills <b>BODY-PUMP</b> 19:20 VIRTUAL 45'	<b>PILATES</b> 45' 20:15	LesMills <b>CORE</b> 19:00 VIRTUAL 30'	<b>AEROBIC</b> 45' 19:30	LesMills <b>CORE</b> 19:10 VIRTUAL 30'	<b>CYCLING</b> 45' 19:30	LesMills <b>BODY-PUMP</b> 19:15 VIRTUAL 45'	<b>CORE</b> 19:30				



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